



## 4-H PARENT (HOME HELPER)

**PURPOSE:** Provide support to your child in 4-H to contribute to a successful 4-H experience.

### RESPONSIBILITIES:

1. Help your child enroll in the 4-H Club.
2. Help your child select one or more 4-H Projects to participate in.
3. Make sure your child attends the 4-H Club meetings. Provide or arrange for transportation.
4. Post and help your child use the club and/or county 4-H calendar.
5. Read and review the County/District 4-H Newsletter with your child
6. Help your child to complete any 4-H responsibilities he or she may have volunteered for, been elected to, or selected for.
7. Attend as many 4-H Club meetings as you can, (at least four, the first and three others).
8. Help with at least one 4-H Club activity during the 4-H year. Volunteer, don't wait to be asked.
9. Support your child's 4-H project work.
  - A. Make sure your child attends the project meetings. (Find out when they are and help your child remember.) Help them gather any materials they will need and provide or arrange for transportation.
  - B. Go over your child's project materials with them. Help them complete any "home activities".
  - C. Help you child complete one or more articles for exhibit and make sure he/she can exhibit them at the exhibit event (County Fair, 4-H Exhibit Days, Etc.). Provide transportation and encouragement.
  - D. Help your child complete and turn in on time, 4-H forms and records.

### ASSISTANCE AVAILABLE:

4-H Club Community Leader  
Experienced 4-H Parents

4-H Project Leader  
Local K-State Research and Extension Office

4-H Project Books/Records

### TIME COMMITMENT:

One 4-H year (Oct. - Sept.) 1.5 - 2 hours/month for club meetings. 1 - 2 hours/week during project work. Total of 25 - 40 hours per year.

### BENEFITS:

Help your child learn and grow. Share learning experiences with your child. Improve your relationship with your child. Share a sense of accomplishment. Make a contribution to youth and your community.

### QUALIFICATIONS:

- Interest in youth
- Commitment to the 4-H member
- Able to take time to focus on the development of the youth
- Ability to help without doing for, to let the member do his/her own work.